



Toastrasters & Me

Toastrasters

Become the Speaker & Leader You Want to Be

District



Toastrasters & Me is a Public Relations initiative that asks each Toastmaster within District 13 to answer two simple questions ... "Why did you join Toastmasters?" and "How has it helped you?" Please take a moment to answers those questions below and then define how you would allow us to use your answers and name on the D13 website and in other media. ***Many thanks for your participation.***

Why did you join Toastmasters?

How has Toastmasters helped you?

Your Name: _____

Your Club: _____

Your Email: _____

When did you join Toastmasters? Month: _____ Year: _____

Do we have permission to use your quote above? Yes No

Do we have permission to use your full name with the quote? Yes No

If requested would you provide a picture of yourself to be used with the quote? Yes No

Your Signature: _____

Please direct these forms to: Rick Ley, Public Relations Officer - 297 Valley Rd. - Wexford, PA 15090